

A photograph of a middle-aged man with short dark hair, smiling broadly while sitting in a hospital bed. He is wearing a light blue t-shirt with the text 'JUNES JACK' and 'JONES' visible. A blood pressure cuff is on his left arm. In the background, there is a medical monitor displaying a graph, an IV drip stand with a clear bag, and a purple wall.

**If you've recovered  
from COVID-19  
the NHS needs your  
help to fight back**

**Your donated plasma can be used to treat  
patients with the virus.**

Find out more at [nhsbt.nhs.uk](https://nhsbt.nhs.uk)